

Parent*Wiser* brings the latest research and educational information into the homes of our student families to support parents in raising thriving individuals. We are made possible by a partnership with the Issaquah School District PTSA and Issaquah Schools Foundation.

2022-2023 EVENTS

Save the dates:

Tue, Oct 4 2022, 7pm Scott Barry Kaufman, PhD *The Science of Self-Actualization*

Mon, Nov 7 2022, 7pm Susan Stiffleman, MFT Parenting Without Power Struggles

Fri, Dec 9 2022, 12noon Peg Dawson, NCSP *Executive Function: Smart but Scattered* **Wed, Jan 18 2023, 4pm** Dr. Lisa Damour & Reena Ninan *Coping with Difficulty and Cultivating Resilience*

Mon, Feb 6 2023, 7pm Diana Graber *Raising Humans in the Digital World*

Tue, Mar 7 2023, 7pm UW in the Forefront *Suicide Awareness*

* All events will be virtual

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